

- Figure 3 Jigs** **152 Bars**
- (a) **Body and swing;** **24 Bars**  
All couples dance the body (in 2,3 and out 2,3 and move on one position turning once) and swing.
- (b) **Top ladies cross and dance around opposite gent;** **16 Bars**  
Top ladies cross to opposite gent, passing left shoulder to left, give right hand to opposite gent, ladies dance around the opposite gents. Top couples house
- (c) **Repeat (b);** **16 Bars**  
Repeat this movement.
- (d) **Side couples repeat (b) - (c);** **32 Bars**  
Side couples dance (b) and (c)
- (e) **Ladies Right hands in, Gents left hands in;** **32 Bars**  
Four ladies right hand in and dance to opposite position (4 bars), Gents give left hands in and dance to opposite position, all swing in opposite position. Repeat this movement back to place.
- (f) **Repeat (a) to finish.** **24 Bars**  
All dance the body and swing.

- Figure 4 Polkas** **128 Bars**
- (a) **Circle;** **8 Bars**  
All couples take hands in circle, advance and retire twice.
- (b) **All swing at home;** **8 Bars**  
All couples dance in and out and dance at home turning twice.
- (c) **Ladies Cross to opposite, Gents cross to opposite;** **16 Bars**  
Top ladies cross right shoulder to opposite, Top gents cross left shoulder to opposite, sides repeat this movement. Facing your partner dance right shoulder to next position, pass left shoulder with next person and move on to swing the third person.
- (d) **Repeat (c) until back with own partner;** **48 Bars**  
All couples repeat (c) with top ladies crossing first each time.
- (e) **All couples face partner and grand chain and swing** **24 Bars**  
All couples face partner and grand chain all the way around the set, meet your partner halfway and beat out two bars. Swing.
- (f) **All circle and swing to finish.** **16 Bars**  
All circle advance and retire twice and big Christmas to finish