

GOR AONTROMA—ANTRIM REEL

A Long Dance in Reel Time for any number of couples.
Formation as in "Walls of Limerick."

A. Ar Aghaidh is Pillsadh. (Advance and Return).

Couples take inside hands and advance towards each other, with Promenade Step [2 bars]; on second "three" release hands and reverse, turning towards each other in doing so. Couples take inside hands and return to places [2 bars], releasing hands on second "three" and facing each other. 4 bars

B. Leath-chasadh Deasóg is Ciotóg. (Right and Left Half-turn).

Partners take right hands and with Promenade Step exchange places and release hands [2 bars]; take left hands and dance back to own places [2 bars]. 4 bars

C. Leath-taobh agus Athrú Áiteanna. (Sidestep and Heyes).

Partners change places with Sidestep, gents passing behind ladies [2 bars]; all finish with two short "threes" [2 bars]. The two ladies of each set change places with Promenade Step, passing left shoulder to left shoulder, while the gents dance two short "threes" [2 bars]. The ladies now dance two short "threes" while the gents change places with Promenade Step, passing right shoulder to right shoulder [2 bars]. 8 bars

This whole movement is repeated to return to places, and when crossing ladies will now cross right shoulder to right shoulder and men left shoulder to left shoulder. 8 bars

D. Síos is Chéile. (Dance Down Centre).

All dancers face partners. Odd [or leading] couples dance sidestep to places of even couples in set, while even couples dance outside them in opposite direction [2 bars]. All dance two short "threes," and on second "three," odd couples release hands and fall back, while even couples advance towards partners and take hands. From these positions all side-step back to places [even couple passing between odd couple of set], and finish with two short "threes" [4 bars]. On second "three" all fall back to original positions. 8 bars

E. Deasógai is Ciotógai Trasna. (Right and Left Wheels).

Each set of four dancers give right hands across in centre, shoulder high, with ladies' hands above gents', and dance around clockwise [4 bars]. On fourth bar all release hands and reverse. All now give left hands across and dance back to places [4 bars]. 8 bars

F. Anonn is Chéile. (Sidestep with Opposites).

This movement is similar to D above, except that gent of odd couples takes hands of lady of even couples and they dance across between the other two of set as they sidestep past them, this second couple taking hands to return to places with sidestep and two "threes." 8 bars

G. Ciotógai agus Deasógai Trasna. (Left and Right Wheels).

As E except that dancers give left hands across in centre first and dance anticlockwise, returning clockwise with right hands in centre. 8 bars

H. Lunsadh Amach. (Swing Out to Next Couple).

Partners face each other and, taking both hands, crossed, odd couples swing to right to places of even couples and vice versa. Each couple is now back-to-back with couple with whom they have been dancing, and prepare to dance with next couple. 8 bars

All the above movements are now repeated, Couple 1 dancing with Couple 4, and Couple 3 with Couple 6, and so on. The dance is progressive, each odd couple moving down one position after completing all the movements, and each even couple moving up one position towards the top of the set.

As each couple reaches either end of the line they stand idly during one repetition of the dance.