

Tr. 15-20

Sliabh Luachra Set

Music: 1. P128, 2. P128, 3. S136, 4. P88, 5. S232 (S256), 6. H160

1. Ladies' Chain; Swing [T, S, T, S]

All: Start w/ Body*

Tops: Ladies Chain** & Swing Partner

All: Body

Sides: Dance above, as Tops

[Repeat above 1x]

All: House to Finish

*Body: Dance on the spot (2), 1/4 house (2) to next position on R. Repeat 3x to home.
 (Knocknagree) Back up Lady to position on R (2) & 1/4 house (2) to next position, repeat 3x.
 **Ladies Chain : R-R to Opp Lady, L-hand to opp Gent & Turn under (Gent does not turn)
 (Alt-Knocknagree) R-R to Opp Lady, L-elbow turn 2x w/ opp Gent. Swing (6 or 8)

2. Show the Lady [T1, S1, T2, S2]

All: Start w/ Body

Lead couple: House & Square*

All: Body

[Repeat above 3x, in specified order]

All: House to Finish

*House & Square (Alt): Instead of Square - Slide in & out & Dance at Home.
 *(Alt - Knocknagree) It is common to finish the House in the center of the set, facing out, then start Square by sliding outward, than back up into set, before dancing back home.
 **Chain across (Knocknagree): All Ladies R-hand star across set. L-elbow turn 2x w/ opp Gent. Star back to home. Swing (6 or 8).

3. Slide & Change [T-S-T-S]

All: Start w/ Body

Tops: Slide & Change

All: Body

Sides: Dance above, as Tops

[Repeat above 1x]

All: House to Finish

4. The Four Shunts/Shoves

All: 4 Shunts/Shoves* & House to start

All Ladies: Chain across** & back; Swing partner

All: '4 Shunts/Shoves & House

[Repeat above 1x]

*Shunts/Shoves: Gent & Lady face each other. Gent's hands on Lady's waist, Lady's hands on Gent's shoulders. Gent back up Lady all around set anti-clockwise dancing 3's.
 **Chain across: All Ladies R-hand star across set. L-hands w/ opp Gent & turn under going around opp Gent; Gent does not turn. Star back to home.

4. Alt. Lead around; Show the Lady; All Ladies Chain & Back; Swing

All: Lead around; Turn ladies under w/ L-hand 4x to start

All Ladies: Chain across & back; Swing partner

All: Lead around; Turn ladies under w/ L-hand 4x

[Repeat above 1x]

16
8+8
16
8+8
16

16
8;4;4
16
8

16
16
16
8

8+8
8+8
8+8

8+8
8+8
8+8

5. Full Slide & Change[T-S-T-S]

Tops: House; Slide & Change; House
Slide & Change; House

8+16+8
16;8

(Optional pause*)

Sides: Dance above, as Tops

[Repeat above 1x]

*In Knocknagree, it is customary to rest for 8 bars - sometimes more - b/w Tops & Sides while the music continues.

6. Body; House; Ladies move on

All: Body & House to Start

16+8

Ladies walk on to Gent on R

8

All: Body & House

16+8

[Repeat above 3x]

6. Alt Body; House; Ladies move on

All: Body & House to start

16+8

All: Big Circle Adv-Ret (in-2-3 & 2-2-3, out-2-3 & 2-2-3)

4

Ladies move on*

4

Body & House

16+8

[Repeat above 3x, until back w/ partner]

***Ladies move on:** (Knocknagree) Still holding hands in Circle, Gent brings Lady on L, his L-hand holding her R-hand, turning her under anti-clockwise 1x (in front of him), and into position in waltz hold. (Alt) As above, but simply guide Lady into place w/o turn under.

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